
Audax Newsletter

Perth Region

November 2003

Hi Members!

Another Audax year is over already and the 2003/04 year has started with a bang, with our social weekend at Myalup Pines on November 1st.

It stands as the best yet with all accommodation booked out. The weather was fantastic, for the Saturday morning ride into Harvey for morning tea and the BBQ in the evening.

Lot's of thanks go to Colin Farmer for organising the weekend and Margaret Jones, Gillian Lee, Margaret Tolcher and Barbara Matthews for the salads, also to Barbara Farmer for the magnificent sweets.

A great weekend was had by all and hopefully there's more to come.

Raid Alpine

Sometimes we do ride our bikes and congratulations to Graham Thornton, Ken Dupuy and Brian Hawes for completing to Raid Alpine, 740km crossing the French Alps in six days through extreme heat. Ken Dupuy has written his account of the challenge, so see Ken.

Paris Brest Paris

Three of our riders entered the PBP this year, Bjorn Blasse, Chris Antoniou and Graham Thornton.

Congratulations to Bjorn and Chris for completing the 1200kms in 90 hours and commiserations to Graham for having to pull out due to a leg injury.

However Graham went to the UK and rode and finished the Welsh 400k. He said it rained for 10 hours solid. Well done to all!

Reminder

AGM

Saturday 29th November

At 9am

Point Walter

Be there and support your club



Christmas Wind Up

Thursday 4th December

7pm

at the Market Tavern

Canningvale





Rides

- 2nd August
200k – Coolup Loop
Lovely ride south with increasing N.N.W. winds, torrential rain from 80k to 120k. A horrible ride north with very strong winds and rainsqualls, we kept together but stuffed at the finish. Well done to Ralph Morgan, Brian Hughes and Klaus Hagedorn on his first 200.
- 6th September
200k – Toodyay
Saturday was a foggy start in the Avon Valley, but with a climb up the Goomalling road we were soon in sunshine but cool enough for arm warmers. The route went east past paddocks with ostrich running about (no not in South Africa) through Irishtown to Meckering. After a roadhouse stop we took the back road to York, again a lovely undulating minor road, with the distinctive shape of the Mt Bakewell scarp looming across the Avon. Last control in York before heading north to Spencers Brook on an easy flat road, then a slight uphill towards fading light at Clack line, then a longer 150m climb to the Hoddy Well summit before a helter skelter descent to a warmer Toodyay than we left it. A great scenic ride through the green lush wheat belt. Thanks to Alan Tolcher for a good and well measured route (no 10% bonus!) Four starters and finishers.
- 11th October
200k Classic
14 started, 13 finished. A magnificent day for riding with light winds, fine weather and temperature in low 20's. Well supported by Adrian Giacci and has a special treat for all riders a free massage from Tanya Jackson. Thanks to everyone for a good day.

Future Rides

- 22nd November
50k
Starts at Deep Water Point 08:00hours
Ken Ward 9364 3601.
- 6th December
50/100k
Start Deep Water Point 07:00hours.
Stephan Monot 9527 9317
- 10th January 2004
200k
Supported. Start Lakes Road House 17:00hours.
Jim Benford 9437 6396.
- 31st January 2004
50/100k
Start Deep Water Point 07:00hours.
Brian Smith 9377 2992.
- 7th February 2004
300k
Supported. Start Southern River 17:00hours.
Ross Cussons 9317 2588

This year is flying by and Christmas is nearly upon us. News has been relatively quiet, probably due to our slow start.

3 members have qualified for Paris Brest Paris 2003, best of luck to Graham Thornton, Bjorn Blasse and Chris Antoniou.

Rod Marston and Ken Dupuy have just completed a 720km x 11,00 meter Raid through the Pyrenees, "without a doubt the toughest Audax ride they have ever tackled," said Rod.

Brian Hawes and Ken Dupuy are riding the Alps in August, best of luck to them both, Ken must enjoy pain. Hopefully we'll get their stories on return.

Saturday Training Rides

Due to the strict insurance rules the Saturday morning training rides are no longer covered by insurance. The club will still meet at the Raffles for a social ride.

Non Members New Ride Fee's

50 to 100kms = \$5 extra

200kms = \$10 extra

Ken Ward has published his new book West Australian Bike Data.

Price \$26, members \$20.

Contact Ken on 9364 3601 or see him at Macdonald's on Saturdays.

Rides

- 8th March Dupuy Dawdle 50/100
20 started and finished on a very hot day, 40° max with strong easterly winds. Thank goodness for the shady trees at Deepwater Point.
- 22nd March 400km
3 started and finished. Quick ride south with a warm/humid northerly, saw the entrants sweep through Mandurah to Yarloop (good eats at both) and get to Dardanup for cooling thundery showers. Returned to Yarloop for another burger and even got to Pinjarra with one eats place still open. Good night ride back with no wind. Home at 1pm.
- 3rd April 100km Ron Masterman Memorial. 6 started and finished.
- 12th April 400km
3 started and finished. 3 endurance athletes arrive at the starting checkpoint in Huntingdale, Bjorn Blasse, Chris Antonio and Shane. All 3 ready with their bikes and wet weather gear, as it is pelting with constant rain and blowing chilly winds. 5am and they head off on the start of the 400km scenic ride, taking in Pinjarra, Boddington, Wandering and Brookton before returning to Perth. Enroute they are encouraged and supported by Mark and Diane Carson, offering hot chicken sandwiches – drinks – various foods and congratulations while passing thru the various check points. The day is bitterly cold and the weather conditions didn't let up. Having showed great spirit and camaraderie they all finish in very respectable times.
- 10th May 200km Pickering Brook
- 17th May 600km ride held on the 17/05/2003 (PBP qualifying ride)
5 starters for this the first 600km ride for 2003, the morning was overcast but dry. The ride started and finished in Southern River. The first day went up the hills for half the day then back around Lake Clifton finishing at the start for an overnight nap. The second day went south around Lake Clifton again and finishing about 6pm. One rider pulled out at half time, generally the ride was cold and wet. Peter Searle on holiday from Victoria was the unfortunate rider who coincidentally got a puncture at the very same spot on the two days. I also heard a report that Brian believing he had a new waterproof jacket in his bag, found it to be the cover for a computer monitor?
Thanks to the ride organiser and support John Lee and Margaret Tolcher for providing overnight accommodation and hot food.
- 14th June 600km 2 started no finished due to bad weather and mechanical problems.
- 21st June 100km Nuovo Grimper. Kelmscott to Pickering Brook and return. 7 starters 6 finished hilly ride but un-eventful.
- 12th July 100/200 Karragullen. 4 started and finished. Extremely cold all day but no wind, a good day for riding.

26th July The morning was dark and wet the wind from the north, the route a flat one. The outward bound section was pleasant, with a nice stop for cakes and coffee at Pinjarra, then onto the turnaround point at Waroona for more food. The return trip much longer in time with the head wind that had strengthened along with the rain. 6 riders rode, everyone stayed together and finished about 5.30pm. Thanks to Ken (piper) Jones for organising the ride, congratulations to the riders especially Stepan Monet who completed his first 200km ride.

Future Rides

16th August 10,000 in 8 Alan Tolcher 9490 4449.

6th Sept 200km Toodyay - Alan Tolcher 9490 4449.

11th Oct 200km the Classic. Adrian Giacci 9328 4835.

8th Nov 360km + Opperman Brian Hawes 9398 4724.
Note - start getting your teams together for the Opperman.

If anyone would like to contribute any articles, stories or clean jokes in the next news letter please see me, every little thing helps.

What about some new ideas or rides, maybe some rides on Sundays ?



Social Weekend Myalup Pines Cottages

(approx 1¹/₂ hours from Perth)

Friday 31st October and Saturday 1st November (2 nights)

Activities

Bike ride, mountain bike tracks and walks, swimming/fishing at Myalup Beach. There is a golf course near by. Saturday afternoon cocktail party and evening BBQ.

Accommodation

Cottage \$176 for 2 nights.

Couples \$88 for 2 nights.

Singles \$44 for 2 nights.

Expressions of interest to Colin Farmer by 31st August on 9330 4441.

Email - bcfarmer@iinet.net.au

"Payment in full by 30th September"

Take your own bedding, food and drink, folding chairs for outside use and cleaning gear ie dishwashing liquid, dish clothes, tea towels etc.

BBQ Saturday night - BYO meat and drinks - Salad and some sausages supplied.

Come and have a good weekend.

Rmclun@aol.com

CA: FOR 22c

CA: MCD 0.08

All the best in cycling
Ken Jones 95291384

