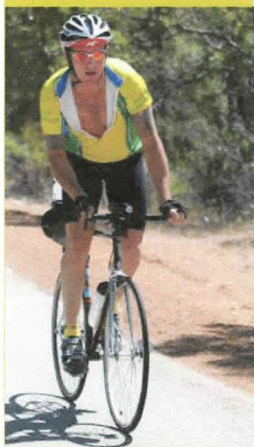


AUDAX NEWSLETTER

April 2008

Perth Region

Happenings



Hello, here we are again, another summer has passed, and what a glorious one it has been. All you lads and lasses who braved the very hot temperatures deserve a medal. I would rather be cast naked into a pit of vipers than face those conditions.

As most of you know, Bjorn Blasse has had a very bad accident whilst parachuting. We all wish him a speedy recovery, and our thoughts are with him and Mary at this time.

In the meantime Nick Dale (Ph: 92850083) and Colin Law (Ph: 93977739) will fill in as ride coordinators. I am sure we will all do our best to help out.

Luckily Bjorn has done such a great job that all the paperwork for this year's rides has already been sent out to the ride organizers.

It was good to see Geoff Helliwell back on his feet again. Quite a few of we oldies have some health problems at the moment, but I'm sure we would all be a lot worse off if we didn't cycle.

Incidentally, what does a women look for in an older man? A pulse.

Andrew Jackson is to be congratulated for having recently become a Naval Chief Engineer – he can come and service my bike anytime.

We still have a few of the new design Perth Audax tops left, so hurry up and buy before they are all gone. A very special price of only \$49 each!

With this newsletter, by popular request we have a report of a six hour time trial by Audax in 1988. I only know Ken Ward, Jim Benford and Brian Hawes of the 36 participants. Where are they all now?

You may not know that Ken Ward came 6th in the National English hill climb championships in 1947. Held on a brute of a hill called the Holm Moss in Derbyshire National Park.

If any of you have any contributions to the newsletter that you consider will be of interest, they will be gratefully received by me.

I will be sending out ride report forms to all ride organizers, together with a SAE. If you could fill them in and return to me, together with any scandalous bit of gossip, I would be most grateful. It makes writing the rides reports so much easier.

The AGM was attended by 19 members. Everyone else hiding behind trees somewhere.

Your new committee is:

President: Nick Dale
Treasurer: Ken Dupuy
Secretary: Rod Marston
Membership Secretary: Adrian Giacci
Rides Coordinator: Bjorn Blasse
Committee: Klaus Hagedorn, Ross Cussons, Glen Mitton,
Tony Gillespie, Colin Law and Ralph Morgan

Due to his work commitments Glen is unable to be newsletter editor. So for your sins, and in the absence of any budding Charles Dickens, you are stuck with me.

However Glen will continue his excellent work as website officer and Glen plus Tony Gillespie will continue to do word processing for the newsletter (if they can read my hand writing).

Bjorn Blasse appeared on the cover of the last Australian Audax Checkpoint – David Beckham had better watch out.

Lets all try to get some new members and not burn them off on their first ride!

Cycle happily and safely

Ralph Morgan

Past Rides

Post Party Pedal	9/12/07	100/200km
See Tony Gillespie's report attached.		
Foothills Cruise	15/12/07	150km
Pleasant ride in cool conditions.		
Hickman's Hot Hell	6/01/08	50/100km
Lived up to its title of up, up and up and few downs on a hell of a ride. Eight brave riders. Glen Forrest Bakery recommended as next best bakery after Pinjarra. Witness to a bad car crash on Greenmount Hill.		
Bjorn's Brain Boiler	20/01/08	200km
Great day for riding. Very hot on the way back with great tail wind.		
The Sleepwalker	1/02/08	300km
Nice warm night, but a Friday night start after a working day for the three riders was not a very good idea. Rode to Beverly, slept, then all went home to sleep again. No finishers.		

Dupuy Dawdle	3/02/08	100km
Fine day. Everyone finished together.		
Bacon Buttie	17/02/08	200km
Good ride but for several of the riders turning up at the last minute. Lovely tail wind all the way home.		
Taste of the hills	1/03/08	150km
A deceptively hard 150km ride up Jarradale Hill twice. Non-member Andrew Henderson rode well to achieve his longest ever ride.		
Beach Life	2/03/08	100km
Warm day, on coastal paths which were very busy with pedestrians. Rather dangerous. Will need to be re-routed in the future.		
Long Flat One	8/03/08	400km
Cancelled		
Fleche Opperman	15/03/08	360km +
See Tony Gillespie's report attached. Tony to be thanked for reviving riders with a substance called Guinness in the wee small hours of the morning.		
Plus the Awesome 620km team of Colin Law, Nick Dale, Duncan Faux, Ross Stevens and Eamonn McCloskey.		
Marston's Meander	30/03/08	200km
A bit of a toughie with a nasty sting in the tail. Everyone finished but hard for those who have to go to work after a Sunday ride. Also better to be run in the winter and avoid 30C temperatures. Colin went straight from the ride to a night shift at work.		
Coastal Cruise	6/04/08	50/100km
A mild, very pleasant day after torrential rain on Saturday. Six riders, all 100km and all finished. Three punctures and lots of problems with route due to "Nouveau riche" developments at Coogee causing diversions.		

Audax Ride Report

Post Party Pedal

Sun 9 Dec 2007

100/200km

Participants:

100km

Ross Cussons
John Lee
Paul Robins
Alan Tolcher
Klaus Hagedorn

200km

Tony Gillespie
Colin Law
Eamonn McCloskey
Hari Goonatilake
Rob Godkin

Weather conditions:

Fine all day. Fresh easterly breeze in the morning. Gentle afternoon south-westerly breeze.

Ride Report:

We ambled down the freeway path at a leisurely pace. Continued via the Circuit de Dog Hill, Karnup and everyone's favourite – Hopelands Rd. Pit stop and chit-chat at Punrak Rd. The 100km riders bid the others adieu and returned to DWP.

With the bit between their teeth the 200km riders headed for the hills. Short sections of road works tested our dirt riding skills on an otherwise uneventful ascent to Dwellingup. We turned for home and the fun started. Our rapid descent towards Pinjarra was interrupted by a nasty traffic incident. A lady traveling in a sidecar became detached from her husband's motorcycle and careered off the road at the infamous "lumpy" railway crossing. Eamonn being the neck doctor on-call was quite relieved to find out that the lady had two broken legs but was OK from the hips up. We witnessed a remarkable piece of flying by the emergency helicopter pilot as he negotiated landing and take-off between power lines, rail crossing and trees on the steepest section of road.

Continuing on to Pinjarra, you can't ask for more than downhill with a tail-wind, stopping to re-fuel at a Café. We skipped the traditional Mandurah MacDonalds stop and headed for Rockingham. Eamonn proudly told us about his wonderful tyres that had got him through a puncture free PBP and several other rides. You can guess what happened next. Following a quick but expensive (Hari's \$20 note) tyre patching job we continued.

After an ice-cream stop at Rockingham, we headed north along Kwinana beach toward a thick plume of smoke. While a fire raged in the surrounding vacant industrial land we witnessed more spectacular chopper action as two helicopters alternately filled their tanks with water from Cockburn Sound and doused the bush, giving us our own salty shower as we passed underneath.

Having had enough fun for one day we made a hasty return to the freeway bike-path for the haul back to DWP.

Audax Ride Report

Fleche Opperman

Sat/Sun 15/16 March 08

370km

Participants:

The Chamois Cream Dream

Tony Gillespie
Hari Goonatilake
Chris Antoniou

The Flying Fixes

Bjorn Blasse
John Eden
Wayne Hickman



Weather conditions:

Absolutely perfect. Light cool westerly breeze during the day. Dead calm at night.

Ride Report:

Both teams assembled at Fremantle Fishermen's Warf for an 8.00am departure. We traversed the well worn, well known route along the river's edge and down the freeway to Dog Hill, Hopelands and North Dandalup. All regrouped at Dwellingup (control) looking forward to the downhill run to Waroona (at least it seemed to be downhill in the car).



Upon leaving Dwellingup the fixed wheel crew decided to put their map and route plan away so they could squeeze in a few extra long hills on the road to Boddington (maybe doing a bit of reconnaissance for next years route). Silly buggers. The ride through the hills was delightful giving our friendly photographer many opportunities to take snap after snap of our mad bunch in picturesque surrounds (we'll post some pics on the WWW site soon). Waroona meant we could take on more fuel including Bjorn's favourite big fat cheesy sausages.

We pushed on through the flat farmlands around Waroona, Yarloop and Harvey. Arrived at Harvey 6.00pm (10hours for 200km) right on schedule. We extended our tea break in Harvey to allow the wayward fixed wheelers to rejoin us for the home run. Night fell and great riding conditions turned into perfect riding conditions. Six hours (and 120km) later we turned in to Gillespie's Singleton residence for a refreshing Guinness, a feed of Rose's fantastic veggie slice and a rest for our weary bodies. Up again at 4.30am, we hit the road at 5.00 with aching thighs and back-sides it was full-steam ahead (half-steam is probably more like it). Off to Freo for breakfast and rendezvous with the long distance crew. We rolled in to the Mill Bakehouse at 7.30am. All weary but happy with our accomplishments, we devoured the biggest brekky on the menu (x 2 in John's case) accompanied by much laughter and back slapping.

The awesome 620km crew rolled in soon after us to conclude a monumental ride which will surely place them in contention for Audax Australia's Opperman shield (for the longest Oppy anywhere in Aust). This award has been previously won by WA teams on three occasions – 1988 (532km), 1989 (636km) and 1996 (551km).

**6 HOUR TIME TRIAL
SUNDAY 17TH JANUARY 1988
MUNDIJONG**

Entries for this event were slow in coming. I was beginning to think that everyone had visions of 40°C temperatures, then just before the closing date they flooded in, all 37 of them. With a 5.30am start and a noon finish we get the best of any day, and this one was no exception. It was a beautiful day - clear blue skies, little or no wind and only in the last hour did it warm up a little. Everyone seemed to thoroughly enjoy themselves, I had no complaints, a lot of excellent rides were done.

Two riders were very unfortunate. Bill Clues lost his gold ring on Karnup Road and spent over 3/4 of an hour looking for it. He was going for a gold detector as the ring was a valuable heirloom, when Ron Boyes, a non competitor, came along and picked it up straight away. Bill carried on and finished. Ken Ward lost over 1/2 an hour with a faulty cluster, he came back to the start and changed his wheel, then had a leaking water bottle, which when he managed to get it refilled had to put it in his carrier upside down. Next he was held up on King Road by a train for over 3 minutes. He was riding the non-toe clip and strap type pedals and shoes and the cleat on one shoe broke. He wanted to change his



Homeward bound after a gruelling 6 hours.

jersey so he went back to Mundijong and retired - he had covered 126 km, and still had about 1 1/2 hours to go.

Thanks to all the helpers, they made the event a big success. John Martin did an excellent job in taking charge of the event, especially the finishing circuit. On the course and finishing circuit were Sue Bailey, Tom Cook (non-member), Betty Mitchell, Des Jones and John and Ann Waters. Also on the finishing circuit were June Hart and Jackie Reed.

There were 3 Bronze, 10 Silver and 20 Gold awards. The results are as follows:-

NO.	NAME	DISTANCE COVERED
40	JOHN FEAIN	DID NOT FINISH
1	NEROLI BARKER	144 KM
2	RON WAKE	131 KM
3	PIERS FORD	138 KM
4	CLIFFORD CHAPMAN	154 KM
5	DAVID MIDOLO	162 KM
6	AILEEN MARTIN	145 KM
7	GERRY FREEDMAN	153 KM
8	DON FREARSON	146 KM
9	D.B. GEBERT	143 KM
10	MICHAEL WATERS	170 KM
11	SAMUEL BURTON	170 KM
12	KEITH PEARMINE	150 KM
13	BILL CLUES	127 KM
14	STAN WIECHECKI	147 KM
15	FRED WATSON	159 KM
16	MAX TALBOT	146 KM
17	KEN WARD	DID NOT FINISH
18	MANFRED LISSON	181 KM
19	SHANE RITCHIE	169 KM
20	RON BIRD	168 KM
21	PETER BOMBARDIERI	172 KM
22	ARIE LEMSON	172 KM
23	JOHN MEAKIN	165 KM
24	NEIL HART	161 KM
25	TONY REGAN	DID NOT START
26	JACK IVESON	180 KM
27	PAUL HOOD	161 KM
28	KLEBER CLAUX	170 KM
29	DAVID DOUST	175 KM
30	RON RUSSELL	DID NOT START
31	MERV GIRDLESTONE	177 KM
32	LINDSAY FISHER	175 KM
33	FRED HACKING	181 KM
34	JIM BENFORD	175 KM
35	RAY REED	169 KM
36	BRIAN HAWES	183 KM

Ron Masterman

Future Rides	Dirty Dell Pickering Brook 8.00am	Sat 3 rd May Contact Colin Law	35km Dirt ride 9397 7739
	2 Rocks Turn Around Joondalup 8.00am	Sun 4 th May Contact Klaus Hagedorn	100km 9409 2570
	Jelly Legs Jarradale 7.00am	Sat 17 th May Contact Colin Law	100km Dirt ride 9397 7739
	Mint Sauce Pickering Brook 7.00am	Sun 25 th May Contact Colin Law	70km Dirt ride 9397 7739
	10,000 in 8 Kelmscott 8.00am	Sun 1 st June Contact Hari Goonatilake	100km (very hilly) 9389 9897
	Bunno or Bust Bunbury 8.00am	Sun 8 th June Contact Nick Dale	200km 9285 0083
	Pie Shop Heaven Pickering Brook 8.00am	Sun 15 th June Contact Andrew Jackson	200km 9331 6369
	Rod Masterman Memorial Mundijong 8.00am	Sun 6 th July Contact Brian Hawes	50/100km 9594 2730
	Mother-In-laws' Revenge High Wycombe 8.00am	Sun 27 th July Contact Wayne Hickman	100km 9454 3689
	One Dam Armadale 8.00am	Sun 3 rd Aug Contact Colin Farmer	50/100km 9330 4441
	Gasman's Giro Midland 7.00am	Sat 9 th August Contact Rob Godkin	300km 9386 1588