

AUDAX

WEST
AUST

NEWSLETTER

JULY 2011

Happenings

Welcome to winter. An appropriate sub-text for last week's 150/300km Bumpy Boddington. Wind, rain, lightening and thunder, it had the lot. Seven starters set out early to prove what a hardy lot Audax riders are.

The start list was a mix of old and new. A few experienced riders (Perry, Adrian and Tony) toughening themselves up in readiness for Paris-Brest-Paris in August accompanied by keen new riders—Wayne Bertram, Geoff (Eddy) Merks and David Doust (150km) and Eric Mills doing his first 300. Very brave efforts considering the conditions. Congratulations to all for finishing within the time limits. It's great to see that recent rides have attracted interest from new riders.

On the subject of PBP, at the time of writing there were 44 sleeps to go. With nine definites and a couple of maybes we will have the biggest WA contingent ever in Paris for the start on August 21.

Please mark Saturday 8th August on

your calendar as the day we'll send off our PBP entrants. The normal meeting place—the Carriage Café, approx. 8.30am—but with a little bit of Paris faire. Wear something French or just call yourself Pierre for the day.

The club will supply free coffee and croissants for all riders and supporters. All welcome.

Behind the scenes the committee have been very busy. Since many of us are jet-setting off to France and beyond in the coming months we've had to pre-plan the 2011/12 calendar. We have endeavoured to cater for our broad membership with a mix of interesting rides, some with a more social flavour, in a relatively relaxed non-PAP, non-PBP season. The whole calendar preparation process has been ably managed by Perry Raison. Thank you to Perry and the rest of the rides committee for their efforts. Thank you also to the club members who have agreed to be ride

organisers in the coming season.

Until next time,

Les aventures heureuses de vélo

Tony Gillespie

Carriage Café

Fremantle

Aug 8, 2011

8.30am

On the road to



NEW CLUB JERSEY

The new Audax Western Australia club jersey is currently in production. Due to be delivered to us in July. The jerseys can be purchased through Ken Dupuy. Members' first jersey can be purchased at the subsidised price (\$50). Supplementary jerseys are not subsidised and will cost \$75.

**Coming
soon** ■■■■■
\$50 (members price)



FRONT



BACK

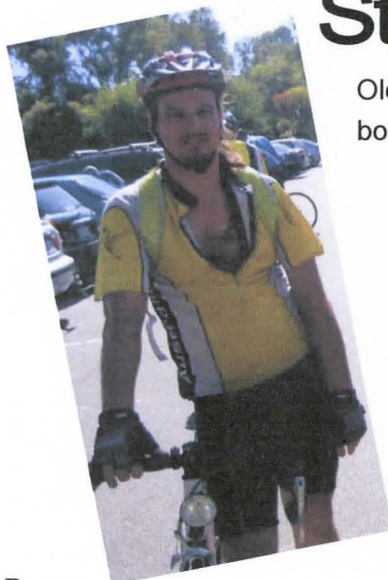


FRONT

Thank you to Ken Dupuy for handling the design, production and supply of the new Audax WA jersey.

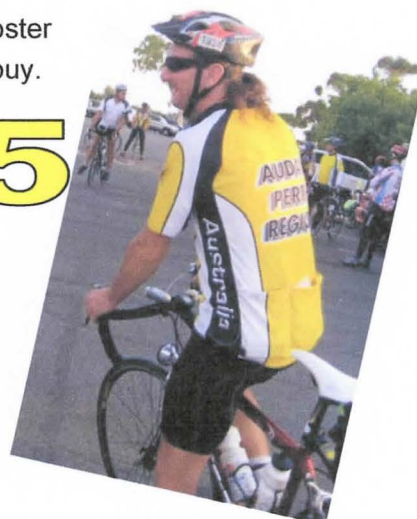
Stock clearance

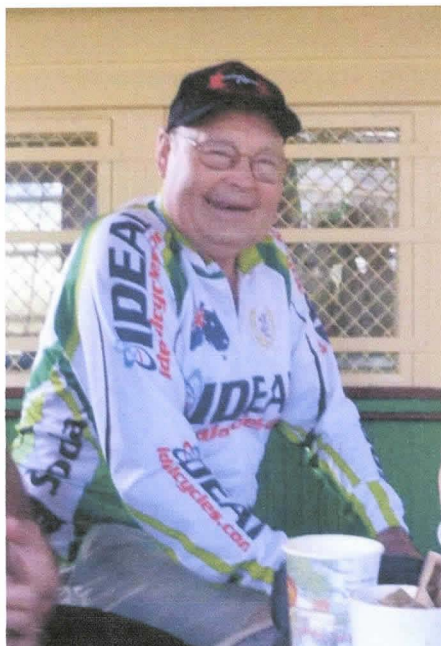
Old club jerseys as modeled so stylishly by poster boy Wayno Hickman. Purchase from Ken Dupuy.



\$25

**While
stock
lasts**





VALE GEOFFREY

With sadness we note the passing of Geoff Helliwell. A genuine club man for many years. Through his friendly smile and quick wit Geoff has ensured that those who knew him will have many lasting, happy memories.

AUDAX AUSTRALIA W.A. REGION 2011 COMMITTEE

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CHANGES TO NEWSLETTER FORMAT

Firstly I must apologise to all members for failing to produce a newsletter during the Autumn quarter. I've been busy with other duties and increasing my mileage in preparation for PBP.

You will notice that this newsletter is a little slimmer than recent editions. The reasons for this are varied, foremost being that I want the newsletter to be available via the new Audax Australia web site. This will allow new members and other visitors to the site to get a feel for Audax WA style. Previous newsletters are just too bulky to upload on to the web site. To ensure this

is no longer a problem the following changes will occur:

1. No more calendar on the last page (the web site is more reliable); and
2. Reduced space devoted to ride reports. We have had some very well written reports submitted in the past. Instead I would like to encourage WA submissions to the national Checkpoint magazine. This will also raise WA's profile. Reports can be submitted to Rod Marston (preferably with accompanying photo/s). Rod will forward to the

Checkpoint editor.

NEW WEB SITE

Hopefully by now you have visited the new Audax Australia web site. Steve Keeling's stunning PAP photo of the Stirling Ranges put us "on the cover". Various sections of the web site are still being developed but the overall impressions are that we now have a very user friendly, informative source for all things Audax.

Any feedback about the newsletter and web site are most welcome.

Regards Tony G

The Long Flat 1

Various riders set off at various times – Eamonn had a Friday afternoon departure and Hari and Rob took off at 5am.

We arrived at Deep Water Point in the car, Wayne discovered that he had not packed his cycling shoes. If he had ridden to the start, this would have been avoidable. However, with the car handy to return to High Wycombe and back to DWP start, Wayne started the ride some 2 hours later. Pedal he did and he caught the tail of the riders by 2.15pm at Yarloop.

Now, how many Audax riders are curious about the low tin rooves adjacent to the railway line at Yarloop? Ask the locals, would they really tell the truth to us city slickers. One dared to suggest that they were covers over water storage units. Will we ever know? Or will google provide us the answer?

Freeway bikepath southbound whilst ensuring our Sydney visitor didn't get lost on the first leg of today's 400km.

Ride leader got chatting to a female triathlete cyclist. Yeah, she knew of Audax, she has a neighbour across the road. Who might that be, I asked. John Lee. Just another confirmation that people out there do know something about Audax and, when in Perth, you are only two degrees of separation from the next stranger you speak to.

Paul, our visitor from Sydney riding a recumbent, couldn't believe the WA scenery and its changing landscapes. He was in awe of the blue skies, turquoise ocean south of Mandurah, the sight when crossing the Dawesville cut with a yacht sailing down below, changing to the estuary and farmland into Yarloop. On the outbound leg around Australind, we came across Rob and Hari on their return leg. Then of course there was the Australind peninsula at sunset on the return leg home from Bunbury. Being a slower recumbent rider, most of Paul's rides over East were completed on his own, not experiencing much opportunity to chat with other Audax riders. Paul was totally

impressed that he had company in WA from the start all the way through to Hopelands School. In fact, he sent a letter with his returned brevet card (see below):

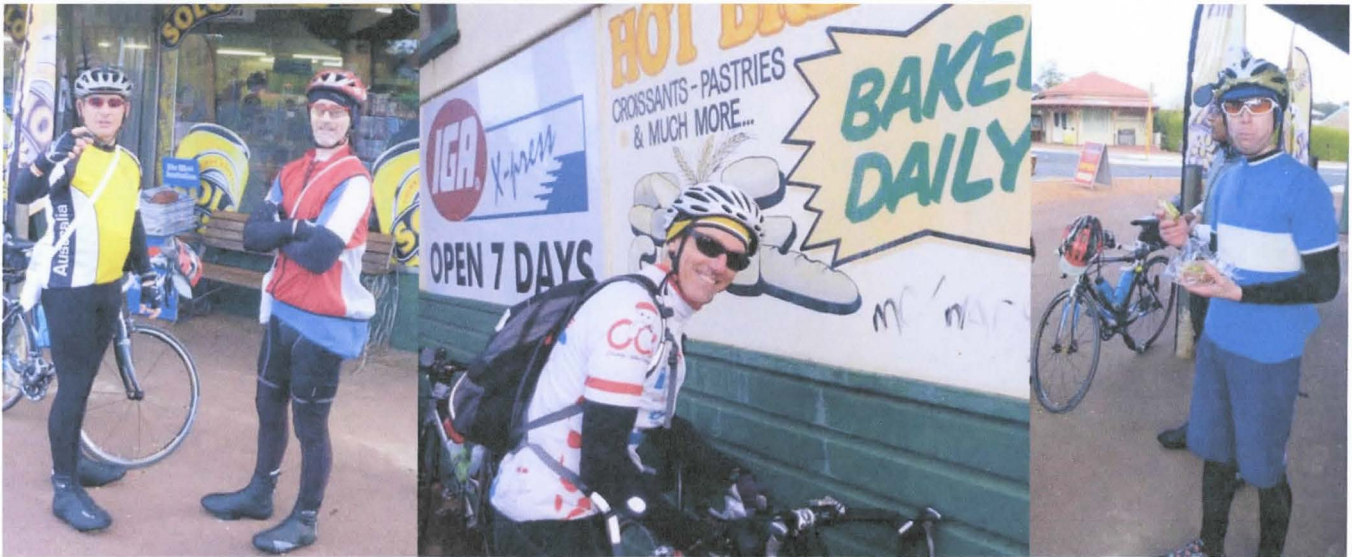
"Thanks again for organising the most enjoyable ride I've done. What more could you ask for? Good company, great weather, fabulous course for a recumbent and [his first] 400km brevet to boot."

'Twas at Hopelands School that the President (Tony), ride organiser and Wayne checked in at the Novotel Hopelands at about 2am, just as the headwinds were building up. Wayne and I attempted to snooze for approx 2-3 hours. Needless to say the Novotel floorboards were hard and very filthy. I think I spent more time trying to get comfy and shivering from the cold night air, than actually sleeping. Still, we managed to avoid headwinds on the Kwinana freeway bikepath and enjoy a beautiful sunrise as we headed north from Baldivis and still make it to the finish within the Audax timeframe.

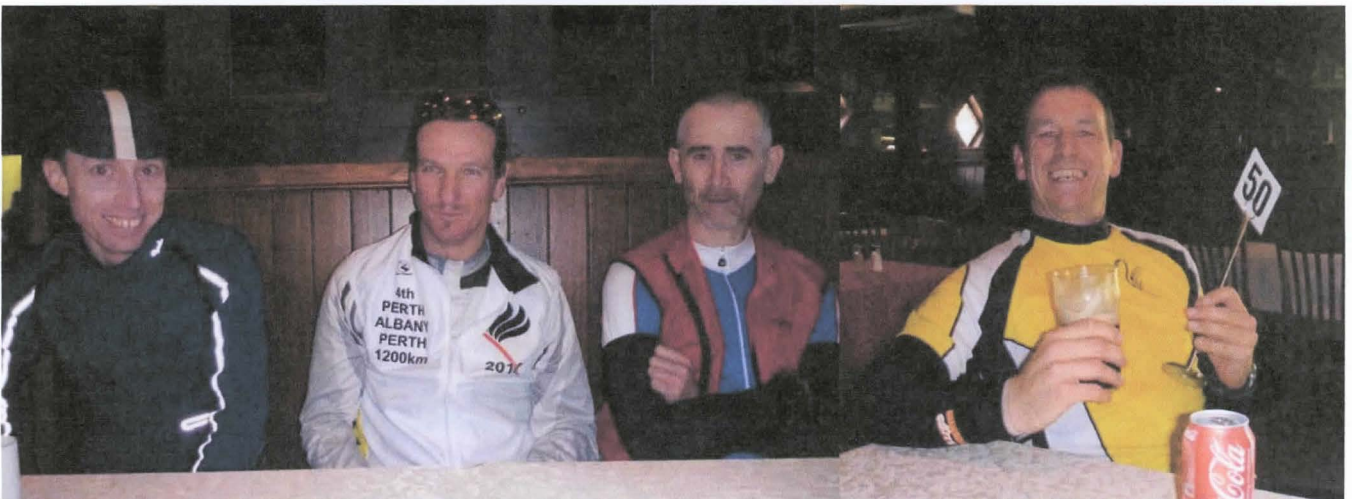


Hi Caroline, Tony, Wayne and Perry,
Has it already been 4 weeks since the 400 km ride?
I often think of the ride because its probably the most pleasant one I've done. I've not ridden in a group from start to finish. I have to thank you all for hanging about to shepherd me along the route. My wife and I talk about the WA ride as an example of an Audax ride at its best, for me its about the social interaction as much as the cycling.
And I've never sat down to have dinner in the midst of a ride ever as we did at Bunbury, it was really very nice. The fact that this was my first 400 is secondary to the great company over that weekend.
I'm pleased to say that I completed a 600km ride this Sunday, so if there are enough places in the quota I hope to meet you all again in Paris.

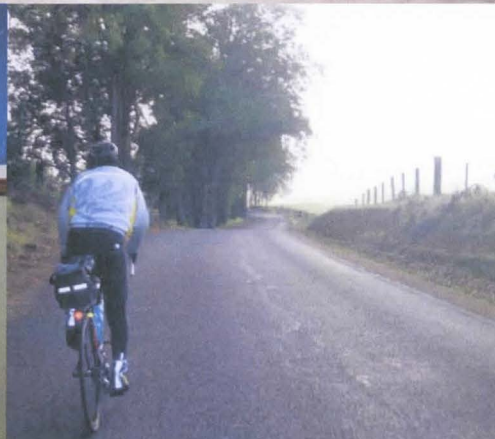
I wish you all well, best regards,
Paul Bertolino.
PS If any of you come for a ride around the Sydney area you are welcome to stay in our home



Refueling: Dwellingup (above) and Quindanning (below) Note: no food on the table at Quindanning



Pokies, hell why not?



A frosty morning in the Blackwood valley.



Nick and Hari pose for the cover of Checkpoint

THANK YOU
ROSE GILLESPIE AND CAROLINE WILLIAMS
For the outstanding support provided
during this event.