

AUDAX NEWSLETTER

December 2007

Perth Region



Happenings

Colin Farmer is standing down as president in March 2008. His cool wisdom will be missed. He has given wonderful service to Audax over the years, in so many different capacities.

Nick Dale, Wayne Hickman and Bjorn Blasse have all qualified for the Woodrup 5000 Award. A tremendous achievement by all of you!

Glenn Mitton is doing a great job getting Audax WA material on to the Website.

Bjorn's Sunday rides are proving to be popular – good idea Bjorn.

The next AGM will be held at Point Walter, Bicton, at 9am Saturday 29th March 2008. Please be there!

There is a slight rise in membership numbers this year to 49 – lets make it 100.

After this newsletter Glenn Mitton will be taking over as newsletter editor, to guide you into the wonders of the electronic age – no more snail mail and letters addressed to John Smith Esquire.

I will be sticking my quill pen back into my wig and going back to reading 1950's cycling books. I would like to thank everyone who has helped me over the past four years, in particular Margaret Tolcher who has diligently typed the newsletter, not only for me, but previously for Ken Jones.

With this edition is a very interesting account by Ross Cussons of his adventures at the Tour de France 2007.

Tom Willis had a very nasty tumble at Pickering Brook on the 20th October and Stephen Monot had another fall (not your year Stephan). We wish them both a speedy recovery. – Keep wearing those helmets.

A happy Christmas and prosperous new year to everyone.

Ralph Morgan

Past Rides	<u>20 October 2007 – Paris Brest Paris Café</u> Ride in the hills near Kelmscott on a windy wet day. Not the happiest of rides due to a very bad fall by Tom Willis, who had to be taken to hospital. After this all riders felt rather depressed and no body bothered to finish the ride.
	<u>4 November 2007 – Burkes Backyard Again – 100km</u> A wise decision to go out into the country and not across town. A good turn out of 12 with Wayne and Chris Antoniou sporting recliners. A fine day with a fresh East wind.
	<u>10 November 2007 – Coolup Loop – 200km</u> A fine hot day with six starters/finishers (Plus Bjorn who rode on Sunday). All six stayed together despite a strong coss to head wind all the way round. I would have loved to have taken part, but I was expecting a phone call from Paris Hilton.
	<u>23/24 November 2007 – Club Camp</u> See attached excellent report from Colin Farmer
Future Rides	<u>6 January 2008 Sunday – Hot Hickmans Hell – 50/100km</u> Start 8am Kelmscott – Contact Wayne Hickman 9454 3689
	<u>20 January 2008 Sunday - Bjorn's Brain Boiler – 250km</u> Start 7am Lakes – Contact Bjorn Blasse 9361 3992
	<u>1 February 2008 Friday – The Sleep Walker – 300km</u> Start 8pm Karragullen – Contact Chris Antoniou 9331 6365
	<u>3 February 2008 Sunday – Dupuy Dawdle – 100km</u> Start 7am DWP – Contact Ken Dupuy 94577280
	<u>17 February 2008 – The Bacon Buttie – 200km</u> Start 7am Rockingham – Contact Tom Willis 9528 1891
	<u>1 March 2008 Saturday – Taste of the Hills 150km</u> Start 7am Armadale – Contact Colin Law 9397 7739
	<u>2 March 2008 Sunday – Beach Life – 50/100km</u> Start 8am DWP – Contact Geoff Helliwell 9337 5046
	<u>8 March 2008 Saturday – Long Flat One – 400km</u> Start 8am DWP – Contact Nick Dale 9285 0083
	<u>15 March 2008 Saturday – The Opperman – 360km plus</u> Start 9am – Contact Bjorn Blasse 9361 3992
	<u>30 March 2008 Sunday – Mr Marston's Meander – 200km</u> Start 8am Toodyay – Contact Rod Marston 9368 4552
	

Dwellingup Club Camp Report by Colin Farmer	Audax Australia Perth Region Social Weekend 23rd and 24th November 2007 Weather Very hot and still with delightful mild and calm evenings. Thankfully the flies went to bed quite early and there were very few mozzies. Accidents None on the road although it was very evident that the average March fly knows full well about the first quality blood obtainable from legs of bike riders. On Saturday morning the more energetic rode down to Pinjarra whilst others rode out to the Baden Powell Pool on the Nanga road and some chose to explore the town itself on their bikes. The prize for the best discovery would have to go to the latter as they found a really charming winery / café set on the side of a hill in an apple orchard. General • With most people arriving through Friday afternoon, the evening meal at the Dwellingup Café was very successful and enjoyed by all. Very large servings of roast lamb with vegetables, mint sauce, and lashings of gravy were followed by equally large portions of apple crumble submerged in custard and cream. Really quite surprising how much food was put away by the ladies! • The Saturday evening barbeque was a really enjoyable event. After the heat of the day the cool still evening with very few mozzies was superb. Maybe sitting out under the stars with a bit of red meat and a bit of red wine is what Audax all about! • The weather this year was really too hot for much riding and the numbers were down – only 26 persons. Maybe it's too close to Christmas for those with young children who could well be involved in all sorts of end of the year activities. The cottages are very comfortable but have no cooling, although they'd be very cosy in the winter with their potbelly stoves. Perhaps next year we should try a weekend in cooler weather. There's a comfortable hall with a camp-kitchen which we could use if it was too cold to sit out. If it has to be in summer, we should time it to work in with the life cycle of the dung beetle! • Big thankyou to Rod Marston who organised a most enjoyable event for us!
Tour de France 2007 Pyrenees to Paris. Report by Ross Cussons	On Friday the 20th July I joined my Emirates flight to Paris via Dubai to join a tour on the Pyrenees to Paris section of the Tour de France organized by Bikestyle Tours On arrival at Charles de Gaulle Airport on Saturday 21st I was met by Terry from Bikestyle Tours who promptly phoned Natalie who picked us up and delivered us to a nearby hotel, which was to be our groups first night accommodation in France. "Get changed and bring your helmet and pedals," was the instruction

from Terry after I had checked in. Within a very short time I had met my hire bike, supplied by Bikestyle Tours, screwed in my pedals, made a few adjustments to saddle height and was ready to hit the roads of France. As we were the last to arrive there were only two riders guided around the French countryside by Terry through some small villages over some cobblestones "on the wrong side of the road." What a wonderful way to forget about any thoughts of jet lag.

After a shower I met more members of the group with a beer in my hand. Then all of our tour party moved to the dining room for our first meal together. During the evening the arrangements for Sunday were explained. Bags to be down early to allow for a long day in our coach for the trip to Toulouse. Some of our party elected to travel to Toulouse on the TGV train to avoid the long coach trip. I thought it was a great opportunity to see more of the French countryside.

Monday morning. This is what we came for. After a short trip on our coach to Barbazan we unloaded our bikes and rode into the French countryside, heading for the route that the riders would be racing on in a few hours. However we had not allowed sufficient time and made our first contact with the Gendarmes, who had closed the road. After a bit of back tracking we got on to another road and made it back to the route. We had a quick snack at Bagneres-de-Luchon then began the climb of the Col-de-Peyresourde. It was wonderful to be cheered on by the waiting crowd as we rode, made us feel like "real riders." Just inside the twenty kilometre kite a small group of us settled in to wait for the real entertainment to begin. With a number of Basques dancing on the road and harrying the controlling gendarme, collecting souvenirs from the promotional caravan and trying to communicate with a French family, time passed very quickly until the race went through. This was our first viewing of the race up close and personal, and while the leaders seemed to be going hard others seemed to be enjoying a friendly sociable ride despite the climb.

After all the race riders had gone through and the road was cleared by the marshals we headed back. The descent was hair raising as the surface was not smooth, so it was hang on and hope. From our agreed meeting place our coach delivered us to a hotel in Lourdes which was to be our home for the next three nights, with dinner included.

Tuesday was a race rest day, but not for us. Options for the serious riders were, 130km including Col d'Aspin and Col du Tourmalet; 100km Col du Tourmalet; or a shorter ride to Cauterets village. Not wanting to stress myself too much I chose the latter and with a couple of others of our group had a pleasant lunch in the mountain sunshine at Cauterets watching the chair lift taking people further up the mountain. The ride back to Lourdes, the way we had come, along a path that had once been a railway line was a wonderful way to finish the days ride.

The options for Wednesday were 110km Lourdes, Aubisque Soulor; 70km Bielle Aubisque; or coach and small van to near the finish on Aubisque. Once again taking the easy option I chose the latter. This option had it's dramas as the Gendarmes wanted to assert their authority. After much negotiation between Natalie, tour organizer, and Ari, our coach driver, and the gendarmes it was agreed that we could disconnect the bike trailer and push it by hand to a safe place and the coach could park in a nearby parking area. Those not riding loaded into the van and

were taken to a parking area 6km from the finishing line. The plan was to walk to the finish line but Lawrie asked that we be back to the van as soon as the race finished to get ahead of the crowd. Good plan, unfortunately others had the same idea. We took an hour plus getting out of the car park then another hour plus getting back to the coach. We had a very late dinner that night.

There was only one option for our riders on Thursday, 45km from the hotel in Lourdes to Pau for the start of the days 188km stage. We arrived in Pau in time to once again witness the promotional caravan. Following our arrival in Pau our bikes were loaded ready for travel to Bordeaux where we are to stay two nights. While waiting for the race start we walked around the tour village, watched riders registering for the day, bought souvenirs and joined the milling throng to try for a position to view the start. On to the coach after a lunch of what we had brought from the breakfast buffet at Lourdes we headed for Bordeaux. On arrival at our hotel we unloaded the bikes and stored them securely in the basement of the hotel. Dinner was not included so four of us headed to the restaurant area where we had a great three course meal at what we thought was a very reasonable price. It gave us the opportunity to see a small part of the beautiful city.

The Tour race ride on Friday was a flat 210km from Cahors to Angouleme. For us it was a day not to watch the Tour but to ride the time trial course that would decide the winner of the 2007 Tour de France. So we had to be ready for the coach early, load the bikes and on the road for Cognac. The ride was fairly flat with a bit of a sharp climb through Angouleme before the end of the section. After our ride we watched the finish of the Tour section both on the big screen near the finish line and on the race route before returning to Bordeaux for a pizza dinner in a small square where the kitchen was on the other side of the road.

Saturday's ride options were a difficult 120km ride or a moderate 50km ride to Cognac for the start of the time trial. Once again I chose the easy option. That was our last ride. Those who had brought their own bikes packed them up ready for transport and those who had hired bikes removed our pedals and packed them away. After watching some of the riders start their time trial we took the opportunity to walk among the team buses and watch riders, including Cadel Evans, warming up. He was pleased to hear Aussie accents as we wished him luck, hoping that he could make up the time to become race leader, unfortunately it was not to be. Then onto our coach to begin, the return to Paris after an overnight stay at Chasseneuil.

We arrived at our final hotel in Paris before our rooms were ready on Sunday morning. Our coach then delivered us near the Champs-Elysees and those of us who had bought stand tickets took our places and waited for the final arrival of the promotional caravan and eventually the Tour riders for the final stage win of the 2007 Tour de France. After a final look at the Champs Elysees and a wander among the riders, after the presentations, it was back to our hotel for our farewell dinner.

Bikestyle Tours is a well organized cycling tour group run by Lawrie and Natalie Cranley with the assistance of many others.

This passage is repeated in this newsletter as an introduction to the Blog pages which follow.	Ross Cussons GLENN'S EUROPEAN CYCLING VACATION JULY 2007 I have recently returned from a cycling holiday in the UK and Europe. My arm has been twisted to write a few lines about my trip. I undertook the trip on my own and it was my first trip overseas. I was travelling for about four weeks. My journey started with a 36 hour stop over in Dubai in the United Arab Emirates. I then flew to Manchester Airport where I was collected and taken down to Wales. I spent a few days in Wales with my wife's relatives and then went down to South West Wales with my bike. After a cold, windy night in SW Wales I travelled up to London and on to Folkestone in Kent. I stayed in Folkestone and commuted up to London by train to see the start of the Tour de France. The next day I rode out to Farthing Common (Kent) and saw Stage One of the Tour pass by. I then travelled across the channel to Calais and on to Lille by train. After a night in Lille I rode to Tournai (Belgium) to see Stage Three of the tour. After Tournai I continued across Belgium, Holland and into Germany where I met up with the Rhine River at the city of Bonn. I followed the Rhine upstream (South) along the West bank through Germany and a short stint in France again. At Basel in Switzerland I turned East to follow the Rhine along the Swiss/German border as far as Lake Constance. After a nice ferry trip across the lake I was back on the bike pedalling to Munich. After a couple of days in Munich I flew back to Australia. I enjoyed the whole trip very much and I would do it again tomorrow. Before I headed off overseas I set up a 'Blog' on the internet so relatives and friends could keep up to date with my progress. A Blog is simply a journal or log which you access on the internet. I set up the Blog so that it could only be accessed by those I gave permission to. I was able to update the Blog using any computer connected to the internet, i.e. internet cafes, public library, relatives and hotels. I could also update it with my mobile phone if I had Wireless Internet access. People who had access to the Blog were able to put comments on the Blog. I have included a print out of the Blog because I am lazy and don't want to write any more. The entries in the Blog might sound a little unusual at times, but I was updating the Blog every day or two, in a strange country, on my own, often after a hard days ride. If you decide to throw caution to the wind and read the Blog, remember you should start reading from the back. Best wishes and good cycling Glenn Mitton
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European Cycling Vacation 2007

This Blog is the first Blog I have created and I have not read other Blogs before. Bear with me if I breach any rules of etiquette. The purpose of this blog is to create a journal detailing some of the happenings on my European Cycling Holiday in July 2007.

SATURDAY, 28 JULY 2007

At Munich Airport

I at Munich Airport, my bike box is checked in. Only five ours till take off. Not that I'm in a hurry or anything.

I was going the study the instructions for my new heart rate monitor (HRM). But the intructions are in german and polish. That tricked me, beacause the language on the HRM screen is english.

Perhaps I can spend the time turning my two items of hand luggage into the one item I'm allowed.

Posted by Glenn at **22:56**

[2 comments](#)

Its all over

(Saturday) It is lunchtime in Munich and I am just about to travel to the airport. I will have a long wait at the airport but is better to be there early. Moving bike box around takes a bit of planning.

Posted by Glenn at **16:55**

[0 comments](#)

FRIDAY, 27 JULY 2007

Waiting to come home

(Friday) In preparation for my departure tomorrow I have dismantled and boxed the bike. I also took a train trip out to the airport to test that process. The train system seems good but I found the not knowing the language made it challenging. I also found a airport shuttle bus that runs from the Munich train station to the airport.

So all I have to do is finish packing and strengthen the bike box and I'll be ready.

I have had enough of travelling now, I am ready to go home.

Posted by Glenn at **22:37**

[0 comments](#)

THURSDAY, 26 JULY 2007

I have made it to Munich

Yes I am in Munich after 1540km of pedaling (Thursday).

On Tuesday I left Konstanz to cycle to Kempten. Started with a nice Ferry trip across the lake. I hit a big rain storm. Later I got stuck on a Autobahn and could not get off because of high fences. A nice lady police officer with a big van took me the last 20km to Kempten.

On Wednesday I cycled from Kempten to Weilheim. Morning was a navigational hassle staying off the Autobahn. Afternoon featured some beautiful cycling in forests and along rivers.

Today I cycled to Munich past some nice lake scenery.



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Posted by Glenn at 23:49

2 comments

TUESDAY, 24 JULY 2007

Finally found some internet access in Konstanz

Well theres a bit of a catch up since the last couple of days.
 On Saturday I crossed into Switzerland at the City of Basel and stayed there the night. Only rode 73km on Saturday.
 On Sunday I rode along the Rhine which follows the Swiss/German border. I got to a town called Eglissau and called it a day at 116km. Just after Kathleen phoned me I was stung on the chest by a bee. It bit unpleasant but not too big a worry. My bum hurts more.
 Today (Monday) I have ridden up to Konstanz which is by Lake Constance / Bodensee. Trip was 112km and due to a navigation or more correctly a language error I seemed to take the hilly route.
 Tomorrow (after doing the laundry) I plan to get a boat across the Lake and start heading in the general direction of Munich. I really only have about 3 more riding days left. I need to be in Munich Thursday night so on Friday I can organise a bike box and investigate getting to airport etc.
 Saturday evening I fly out of Munich for home.

Glenn



Posted by Glenn at 01:55

2 comments

SATURDAY, 21 JULY 2007

Its dinner in Freiburg

I am posting this via email as I am having some web problems on this PC and the internet cafe owner has gone and left me in here!
 Yes I am back in Germany, crossed over the Rhine this morning after leaving Strasbourg. I took a round about way of getting here, but after 101km I am here.
 There seems to be a few large hills about, I wonder if thats Switzerland.
 Got some new cycling shorts this morning but still have not replaced rack.

Posted by Glenn at 02:29

5 comments

FRIDAY, 20 JULY 2007

Safe in Strassbourg

Yesterday (Wednesday) I rode from Mainz to Speyer, generally along the Rhine or close to it. Completed 123km for the day. Should have been shorter but a few kms are consumed dodging the motorways. Speyer was a pleasant town full of grand old buildings. Found a chinese restaurant, had chinese and beer for tea.
 Today (Thursday) I made Strassbourg. I was a long ride of 144km with a storm thrown in the middle for interest. As soon as I finish writing this I am going to find food. Earlier today I crossed a border, so I am now in France. I still have not replaced my back rack yet, the cable tie is holding up well.
 I do not think Basel (Switzerland) is that far now. I will need to check the map. If the terrain is not too difficult I will probably keep following the Rhine. So far most of the ride has been generally flat, except for the hills of course.
 Bye for now - Food is becoming more important than blogging.

Posted by Glenn at 02:30

2 comments

TUESDAY, 17 JULY 2007

I will stay in Mainz tonight

I reserved another night here in Mainz. Caught the train to Frankfurt, there was lots of sex shops but not many bike shops. I might avoid the big cities for a while, there a bit awkward to navigate and they are all starting to look the same. Back on the road tomorrow.

Posted by Glenn at **20:08**

1 comments

Staying in Mainz tonight

The 106km ride down the Rhine was OK today. It is still hot but there is quite a bit of shade along the river. So the sunstroke was milder today. Thinking about staying here two nights. Maybe catch the train to Frankfurt tomorrow to look for new cycling shorts. Might also find a castle to look at.

Posted by Glenn at **03:15**

0 comments

MONDAY, 16 JULY 2007

Arrived at the Rhine River

Yesterday I stayed in Bonn which is close to the Rhine. I was very tired when I got in. It was a hot day and I rode 97km. Today is another hot day but the riding is a bit cooler next to the Rhine. I have made it to Koblenz after cycling 88km for the day. I will probably continue down the Rhine but I might need a rest day soon, the flu still has a grip on me.

Posted by Glenn at **00:16**

1 comments

SATURDAY, 14 JULY 2007

It would appear I passed my University Exam

This news is very pleasing because I was a bit worried. I am now half way to my Post Grad Certificate.

Posted by Glenn at **03:07**

1 comments

Arrived in Aachen - Germany

Caught train from Antwerp to Hasselt this morning. Then rode to Maastricht (Netherlands) and on to Aachen (Germany). Reasonably easy ride of 69km but now not as flat as Belgium was. The warmer weather today seems to have brought out lots more people. Tomorrow I plan to head towards the Rhine River and will probably connect with it at the City of Bonn. Found the Ibis hotel here in Aachen to be the cheapest so far, but is one of the nicest as well.

Posted by Glenn at **02:45**

0 comments

FRIDAY, 13 JULY 2007

Had an easy day in Antwerp today

Had an easy day in Antwerp today. Just looked around and got a few things. Bought a train ticket to Hasselt which I intend to use in the

morning.

Posted by Glenn at 00:44

0 comments

THURSDAY, 12 JULY 2007

I like Antwerp

Today is Thursday (I had to check). Yesterdays cycling was not as good as the previous day. The weather was very cool, overcast and there was an odd shower of rain. It took me ages to get out of Brussels and I found it hard to navigate to Antwerp because riding a bicycle I must avoid the motorways. I rode 103km yesterday and if I had bought a map my journey may have been much shorter.

Any how I arrived in Antwerp last night and found a nice hotel. The reception guy was very helpful and told me about a music concert up the road. I settled into my room and went up to listen to the music for a while. I saw a map shop while I was there. I bought an icecream from the 'Australian Home Made Icecream' shop, but they did not speak much English or Australian.

I am going to stay another night in Antwerp and then head off for Netherlands tomorrow (Friday). I am thinking of heading through Hasselt, Maastricht, Aachen and Bonn.

Once I get onto the Rhine river I intend to head in the direction of Basel. I bought the maps covering the rest of my journey and now I will be looking for a cycling shop to get a tube and better pump.

Thanks for your comments I enjoy seeing who has read the blog. My bad typing is not enhanced by the european keyboard.

Posted by Glenn at 17:24

0 comments

WEDNESDAY, 11 JULY 2007

Post from Brussels

Cycled from Lille to Tornai yesterday morning as planned and watched Tour pass through. I then cycled on to Brussels, Clocking up 110km for the day.

Riding through the Belgian country side is good. There are good cycle lanes on the side of the road and cars give way to you often. Riding on the Right Hand side takes some getting used to. Roads tend to be a bit narrow in the towns and cities. In Brussels I hit a car door which opened in front of me, but got up and continued with no damage to me or the bike. I was able to wash clothes last night.

Today the weather is not so good. I was planning to head up towards Antwerp and then accross through Holland. Might not make a lot of progress today.

Posted by Glenn at 16:48

3 comments

TUESDAY, 10 JULY 2007

Quick update from hotel in Lille

I arrived ok in Lille. Not sure whose WiFi I am using to post this. Posting from mobile phone. Intend to cycle to Tournail tomorrow to catch tour one last time,

—

This email was sent from a mobile device.

Posted by Glenn at 04:53

3 comments

MONDAY, 9 JULY 2007

Watched TDF pass Through Kent

I have just spent my third night in Folkestone and I am now trying to get to Calais. As I explained in my last post I was in London on Saturday for the TDF Prologue. Yesterday (Sunday) I cycled from Folkestone up to Farthing Common to watch the Tour go through. It was a great thing to see. Normally I would be a bit hesitant to wait somewhere for 4 hours just to see all the cyclists pass by in a minute or so. This event is different, all the spectators were into the event.

I missed my connection to Calais because I was a bit late leaving Farthing Common to meet the bus. I was not prepared to miss any of the event I have travelled so far to see.

If I can get to Calais today I still might catch the tour once more.

I fitted a new chain to the bike and it seems to be running quite well. I am drafting this email from the Folkestone Library.

Posted by Glenn at **17:09**

0 comments

SATURDAY, 7 JULY 2007

Bikes take over London

I have not had access to the internet for a few days. Vince dropped me off at Marloes Sands on Thursday afternoon. It was cold, wet, windy and a bit remote. I had a dose of the Flu so I was not my absolute smiling self. I had an interesting time chatting to two young Belgian lads who were staying at Marloes. They reckon I should visit Bruges.

On Friday morning I cycled off towards Milford Haven to catch the train to Cardiff, London and onto Folkestone. I got about 10kms and broke chain so bad I could not fix it, so had to push it remaining 6kms. Still got to Milford Haven in 1 hour 45 min, 2 hours before train leaves.

I could not exit the train fast enough at Cardiff, so had to get off at Newport to catch the London Train. Pushed bike through London from Paddington to Charing Cross (still no chain). Located Folkestone train at Charing Cross. Arrived at Folkestone and pushed bike to Hotel.

Caught train to London this morning (Saturday). Bought Map and Bike chain, no more pushing bike for me.

Going to try and see the Tour de France riders in the prologue from Hyde Park this afternoon. I've seen lots of places off the monopoly board so far. Will travel back to Folkestone tonight. Tomorrow will watch Tour de France from Farthing Common near Ashford. I will go to Calais tomorrow afternoon or maybe Monday.

Better post this before my internet time runs out.

Posted by Glenn at **18:48**

0 comments

WEDNESDAY, 4 JULY 2007

Welcome to Wales

Having a great time looking around. Everyone has been showing me around. I won't list where I've been because it would take me too long to look up the spelling of the place names. Stayed with Degwill and Gaynor on Monday night, Rose and John on Tuesday night, and I'll see Vince and Tina tonight

Posted by Glenn at **14:34**

1 comments

MONDAY, 2 JULY 2007

Made it to the UK

I arrived in Manchester Airport yesterday evening at about 7.30pm. The heightened airport security did not cause too much inconvenience. Degwill collected me from the Airport and took us bag to Wales. Weather is cool and showery. Bicycle appears to be OK now I have assembled it.

Posted by Glenn at **21:15**

3 comments

SUNDAY, 1 JULY 2007

Dubai is Great - I mean its really HOT

Team,

Arrived in Dubai Saturday at 06.00am Dubai time. Not much open till 9-10am.

Had light breakfast at airport, sourced some maps, walked around airport to see the layout.

Found public transport buses and caught bus to Wafi City, could only window shop while waiting for the Big Bus Tour. Big Bus Tour around City was good. Dhow Cruise was good. I was too tired to go on Beach Tour. Caught bus to Arabian Part hotel. I was pleased with the cost, services and everything. Except I had too much for breakfast.

Yesterday I bartered for a Polo Shirt and purchased it. I was very pleased until I tried in on this morning. XXL size label is not consistant with the other clothes I already have (is too small), its a bit amusing because I only have one shirt. (Not so amusing for those sitting next to me in the plane to Manchester).

Glenn

Posted by Glenn at **11:50**

1 comments

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Audax Australia Perth Region Rides Calendar 2007/8			
Nov-07			
Sun 4th 50/100 km 0700		Burkes Back Yard	
Peter Marcakis		DWP - Vines - DWP	
Sun 11th 200 km 0700		Coolup Loop	
Ralph Morgan		DWP - Coolup - DWP	
Sat/Sun 17th - 18th		Club Camp	
Dec-07			
Sun 2nd 50/100 km 0800		Dog Leg Loop	
John Lee		DWP - Mundijong - DWP	
Sat 8th 1200		Xmas Party	
Rod Marston		Rod's House	
Sun 9th 100/200 km 0700		Post Party Peddal	
Tony Gillespie		DWP - Dwellingup - Mand - DWP	
Sat 15th 150 km 0800		Foothills Cruise	
Chris Patton		DWP - Forestfield - DWP	
Jan			
Sun 6th 50/100 km 0800		Hot Hickman's Hell	
Wayne Hickman		Kelmscott - ZZ - Kalamunda -	
		Armadale - Kelmscott	
Sun 20th 250 km 0700		Bjorn's Brain Boiler	
Bjorn Blasse		Lakes - Brookton - Lakes	
Feb			
Fri 1st 300 km 2000		The Sleepwalker	
Chris Antoniou		Karragullen - Quairading - Karra	
Sun 3rd 100 km 0700		Dupuy Dawdle	
Ken Dupuy		DWP - Bedford - Burswood - DWP	
Sun 17th 200 km 0700		The Bacon Buttie	
Tom Willis		Rocky - Pinj - Warrona - Man - Rocky	
Mar			
Sat 1st 150 km 0700		Taste of the Hills	
Colin Law		Armadale - Jarradale - Armadale	
Sun 2nd 50/100 km 0800		Beach Life	
Geoff Helliwell		DWP - Cott - Burns Beach - DWP	
Sat 8th 400 km 0600		The Long Flat One	
Nick Dale		DWP - Mandurah - Yarloop - DWP	
Sat 15th 360+ 0900		Opperman	(Bjorn Blasse)
Sun 30th 200 km 0800		Mr Marston's Meander	
Rod Marston		Toodyay - Meckering - Clackline - T	
April			
Sat 5th 600 km 0600		Nick's Hour Glass	
Nick Dale		City Beach - Waroona - Preston -	
		Baldivis - CB - Gingin - City Beach	
Sun 6th 50/100 km 0800		Coastal Cruise	
Ross Cussons		DWP - Coogie - Rocky - DWP	
Sun 13th 200 km 0700		Five Dams	
Rob Godkin		DWP - Serpentine - Jarradale -	
		Karragullen - DWP	

May		
Sat 3rd 35 km Dirt 0800		Dirty Dell
Colin Law		Pickering B - Dell - Pickering B
Sun 4th 100 km 0800		2 Rocks Turn around
Klaus Hagedorn		Joondalup - 2 Rocks - Joondalup
Sat 17th 100 km Dirt 0700		Jelly Legs
Colin Law		Jarradale - Brookton Hwy - Jarradale
Sun 25th 70 km Dirt 0700		Mint Sauce
Colin Law		Pickering B - Gleneagles - Pickering
June		
Sun 1st 100 km 0800		10000 in 8
Hari Goonatillake		Kelmscott - Lots of Hills - Kelmscott
Sun 8th 200 km 0800		Bunno or Bust
Bjorn Blasse		Bunbury - Donny B - Collie - Bunno
Sun 15th 200 km 0800		Pie Shop Heaven
Andrew Jackson		Pickering B - Bakers H - Chidlows - PB
July		
Sun 6th 50/100 km 0800		Ron Masterman Memorial
Brian Hawes		Mundijong - Nth Dandalup - Mundijong
Sun 27th 100 km 0800		Mother-in-law's Revenge
Wayne Hickman		High Wycombe - Hills - High Wycombe
Aug		
Sun 3rd 50/100 km 0800		One Dam
Colin Farmer		Armada - Serpentine Dam - Armada
Sat 9th 300 km 0700		Gasman's Giro
Rob Godkin		Midland - Clackline - Brookton - Mid
Sat 23rd 300 km 0800		Skydive Express
Bjorn Blasse		York - Goomalling - Toodyay - York
Sept		
Sun 7th 50/100 km 0800		Garden of Eden
John Eden		Kalamunda - Pickering B - Kalamunda
Sun 14th 50 km/ 100 miles 0800		Dambusters
John Eden		Kalamunda - Pickering B - Brookton
		Kalamunda
Sat 20th 300 km 0700		Webmaster's Wander
Glen Mitton		Midland - GG - Lancelin - Midland
October		
Sat 4th 300 km 0700		More Midland Madness
Ross Stevens		Midland - Brookton - York - Midland
Sat 18th 300 km 0700		Spinal Fusion
Eamonn McCloskey		Freo - Boddington - Pinjarra - Freo
Sat 25th 200 km 0800		The Classic
Adrian Giacci Supported		